

Session #5

By Marie Duncan



Our next blocks are all about applique! They will include the Applique Menu B and Applique Stitches from the Dimensional stitch menu L.

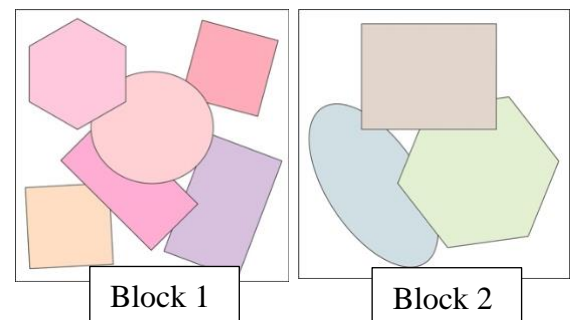
We will begin with traditional applique on the B Applique Menu. There are basically three applique methods. Traditional, with a satin stitch, (Block 1) Handlook with an “invisible” look and blanket stitch, (Block 2) and lastly, with a decorative stitch (Block 3). We will do blocks with each of these methods and (Block 4) with the applique stitches from the L Dimensional stitch menu.

Supplies:

- Open Toe Foot for IDF system 920564096
- INSPIRA® Tear Away Light Stabilizer 620112796
- INSPIRA® 6” Applique Precision Scissors 620102696
- Robison-Anton rayon or cotton embroidery thread
- Bobbin thread
- Chalk marker or Pictogram Pen
- Four 9” x 9” fabric squares
- Fabric scraps
- Steam-A-Seam 2 sheets

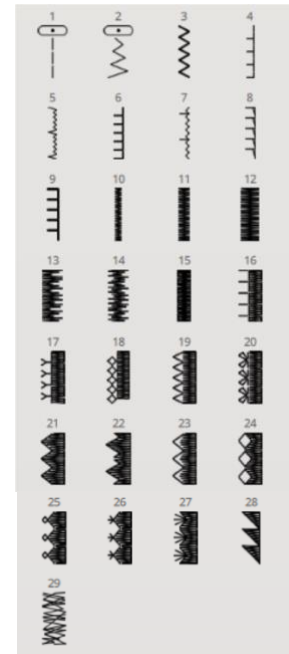
Prep for blocks 1 and 2:

1. Trace the shapes from the patterns given onto the side of the Steam-A-Seam 2 that does not remove easily.
2. Remove the paper that is not traced.
3. Rough cut the shapes apart
4. Place the glue side to the wrong side of the applique scraps.
5. Follow the instructions that accompany the Steam-A-Seam to press the pattern pieces to the fabric.



6. Cut out your shapes.
7. Remove the paper backing.
8. Using your Pictogram pen or chalk, mark a 7" x 7" square centered on your 9" x 9" block fabric.
9. Arrange the fabric shapes in the 7" x 7" square on your block following the diagram.
10. Press with steam to fuse.
11. Repeat for block 2.
12. Tear off the excess stabilizer.

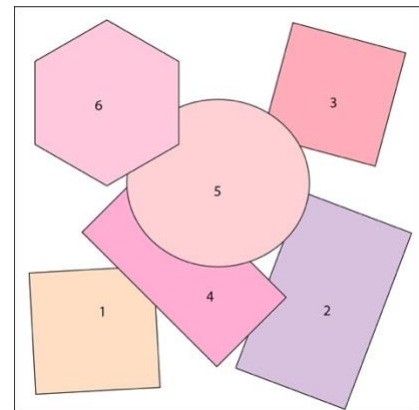
Applique Menu B includes a variety of different stitches. It has the basic straight and zig zag stitches (1 and 2) and a triple zig zag stitch (3). Stitches 4 through 9 are hand look variations. 10, 11 and 12 are satin stitches. 13 and 14 are "grass" stitches. And 15 is a very interesting stitch that is a satin stitch in the center, with an edge on each side of a triple straight stitch. The remainder are decorative stitches.




Square I - Menu B Satin Stitch Applique:

We will begin with satin stitches.

1. Snap on your Open Toe Foot.
2. Thread with Robison-Anton rayon embroidery thread on top and bobbin thread in the bobbin.
3. Place INSPIRA® Tear Away Light Stabilizer underneath your 9" x 9" square.
4. Begin your stitching with the blocks that are underneath the others. I numbered the blocks for you indicating the order you need to sew them in. This allows the beginning and ending of the stitching on the underneath blocks to be "hidden" by the stitching of the block that overlaps them.



5. Select B11 . This is a pre-programmed satin stitch. The regular zig zag stitch move forward with each stitch. The satin stitch moves forward with one stitch, but doesn't move with the next one as it is stitching sideways which makes the stitches lay perfectly straight, not at an angle as the zig zag does. See the diagram at the right.




The satin stitch is programmed for 40 wt. rayon or cotton thread. You may want or need to change the stitch length if the stitches aren't lying next to one another or are getting stuck", usually because you are using a heavier or lighter weight thread.


B10, B11 and B12 are the same stitches, just different widths. You can choose one, then fine tune it by adjusting the width as needed.

6. Stitch the first side of you square, stopping with the needle in the fabric on the right. Lift the presser foot and pivot the fabric. Continue the stitching.
7. Finish your shape.



8. Another fun stitch for applique is B13 and 14 . These look like grass, and have a fun texture. Try them on one of your blocks.



9. Stitch B15  is very interesting and doesn't show well on the screen of your machine. You need to stitch it out to see what it looks like. The satin stitch with the triple straight stitch edge is a very secure stitch, and looks GREAT!



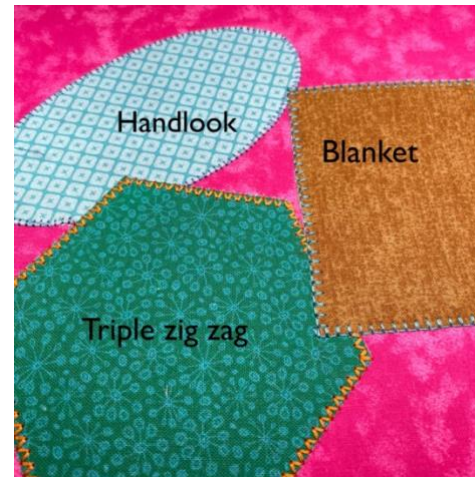
10. Finish all your shapes.

11. Tear off the excess stabilizer.




Square 2- Menu B Hand look Applique:


Handlook applique is as its name implies stitching that looks like it was done by hand. When appliqueing by hand, you don't usually see the stitching. B4, 5, 6, 7 and 8 are the main handlook stitches and if you don't want to see them at all, use invisible thread!




1. Snap on your Open Toe Foot.
2. Thread with Robison-Anton rayon embroidery thread on top and bobbin thread in the bobbin.
3. Place INSPIRA® Tear Away Light Stabilizer underneath your 9" x 9" square.
4. As before, we are going to stitch the underneath blocks first, so start with the oval one and stitch around the oval.

5. The triple zig zag stitch B3  is fun! It is decorative, but also functional in that it keeps the edges from fraying when your item is washed.

6. Stitch around the hexagon.

7. Our final shape, the rectangle, is stitched with the blanket stitch B9 . It is similar to the stitches I used for the invisible look, but it is different in that the stitches go over one another to have a heavier, visible look. Stitch around the rectangle.

8. Our blocks need a bit of ooommmph! So, I added some

stitching using B3 . Follow the photo for the details, but I marked line in one direction, and stitched them. Then I went back and marked lines in the other direction and stitched them. On the rectangle I finished with diagonal lines. On the Hexagon I followed the shape, aligning the edge of my foot with the previous line of stitching.

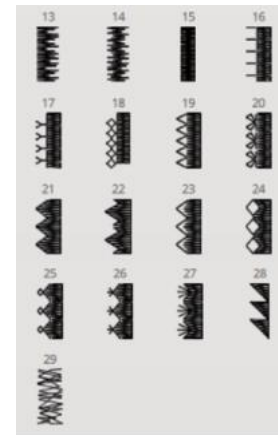


9. Tear off the excess stabilizer.

Square 3- Menu B Decorative Applique stitches:

Stitches 16 through 29 are decorative. They have the zig zag satin stitch to finish off the raw edges, but add other decorative stitches to the edge of the satin stitch.

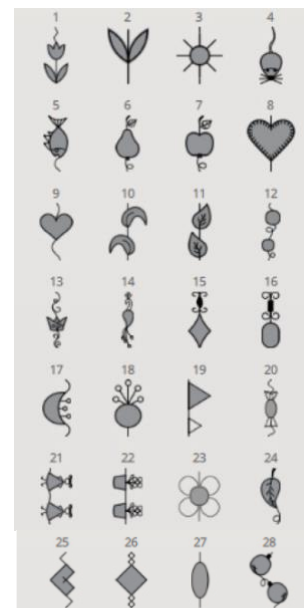
1. Snap on your Open Toe Foot.
2. Thread with Robison-Anton rayon embroidery thread on top and bobbin thread in the bobbin.
3. Place INSPIRA® Tear Away Light Stabilizer underneath your 9” x 9” square.
4. Cut 1” wide x 10” wide strips of Steam-A-Seam and apply to the wrong side of four scraps of fabric. Cut out the strips.
5. Remove the paper backing and arrange on your chosen fabric square.
6. Select your favorite decorative satin stitch. Stitch in the order you placed the strips, as before.
7. Tear off the excess stabilizer.




Square 4- Menu L Dimensional stitches:

Dimensional stitches include three types of stitches: Applique, Pop-up and Sequin stitches. For our quilt, we will use Applique stitches in this block and Pop-Up stitches in our border.

1. Snap on your S foot.
2. Thread with Robison-Anton rayon embroidery thread on top and bobbin thread in the bobbin.
3. Mark a 7” square in the center of you 9” x 9” square.
4. Following the diagram, mark the stitching lines (shown in blue) first and the stitching start points (shown in red).



5. Touch Program .
6. Place INSPIRA® Tear Away Light Stabilizer underneath your 9" x 9" square.



7. Select L1.
8. Touch **STOP**. This will enable you to check that you are on the line, after each stitch.
9. As you begin stitching, the machine will stitch forward and then stop for you to insert the applique fabric. Insert a scrap approximately 1" x 1" behind the needle. Snug it up to the needle so there won't be a gap in the applique design.
10. The flower will be stitched, and your machine will then stop for you to insert the leaf fabric behind the fabric.
11. After the machine stops, for the first single design, remove your fabric. For the others that have multiple designs, touch **STOP** and begin the next repeat. Finish all your flowers.
12. Finally, trim the excess fabric approximately 1/8" from the edge. Your INSPIRA® 6" Applique Precision Scissors are PERFECT for this!
13. Tear off the excess stabilizer.

